



# What is my parenting style?

Parenting styles, which reflect a parent's attitudes and behaviors, have a significant impact on a child's emotional development, social skills, and cognitive abilities. Positive parenting styles help children healthy perspective and relationships, while negative ones can be detrimental to their growth. Therefore, it's important to understand your own parenting style and find ways to improve it. We hope you'll use the information below to help you create a better parenting environment.

## What type of parent am I?

### Permissive type

"I'll give my child whatever he or she wants. Isn't it the heart of a parent to give them everything?"

- Parents are affectionate and responsive, but have no control over discipline.
- Children can be confident.
- A child can ignore the rules and get on with his or her own personality

### Neglectful type

"I'm so busy with work that I don't have time to pay much attention to the kids, so I don't really know how to play with them."

- Parents are unloving, indifferent, and strict.
- The child lacks independence and tends to be dependent.
- The child may lack self-control.

### Dictatorial type

"When a child doesn't listen or throws a tantrum, wouldn't it be right to use a loving spanking?"

- Parents have strict control and discipline, and punish without explanation.
- The child may lack social skills or have a dependent or rebellious personality.
- A child may have difficulty in interpersonal relationships.

### Authoritative type

"Explain to your child that he or she must keep promises, follow the rules, and show affection and praise."

- Parents are affectionate, responsive, and consistent and logical and discipline.
- Children can be responsible, social and confident.

## What attitude do I need?

Once you know what type of parenting style you have, try to find ways to improve your parenting style to help your child's development, and try to do one thing at a time.

### Permissive attitude

- setting behavioral limits ..... presenting standards of conduct
- making rules at home ..... apply rules

Consistently responding to activities that should not be done will prevent your child from challenging your authority.

Rules help children develop independence and clearly communicate what they should do.

### Neglectful attitude

- making rules at home ..... talk to your children
- play ..... play with your children

Through conversation with parents, children learn not only to speak, but also how to get along with others, express and regulate emotions

It is very important learning opportunity for children to grow, as they learn a lot and relieve stress

### Dictatorial attitude

- discipline positively ..... praise for good behavior
- recognize children's rights ..... no corporal punishment
- ..... providing opportunity for choice
- ..... schedule information

Children tend to repeat behaviors they've been praised for more often. Corporal punishment can negatively impact children's emotional development and strain the parent-child relationship, potentially exacerbating behavioral problems.

Through the process of making your own choice, you can learn responsibility and develop a positive self-concept. When the day is predictable, children feel comfortable and can pro-actively regulate their behavior